

# Childhood Reflexes and Their Effect on Learning & Behavior - Level 1 & 2

## Presented by Claire Hocking

Level 1 - June 8-9-10 (Wed-Thurs-Fri) • one day in between • Level 2 - June 12-13, 2016 (Sun-Mon)

*The retention of primitive baby reflexes is a key underlying cause of many learning and behavioral problems. When reflexes do not integrate as expected and remain active in a person's system they interfere with appropriate development. Retained infant reflexes may contribute to hyperactivity, dyslexia, disruptive behavior, odd sitting or writing postures, and poor memory, concentration, coordination – and much more. Even in otherwise high-functioning teens or adults, a specific retained reflex may be at the core of a baffling coordination issue or anxiety concern.*

*Through these courses taught by learning expert and Brain Gym® instructor Claire Hocking, you will experience not only where these retained-reflex challenges come from, but how to address them at their core - often to the point of full resolution.*

***These techniques will transform your work with learners of all ages and abilities.***

### Participants in both courses will come away with:

- Information on childhood reflexes in general and their vital link to learning and behavior
- Description, function, and/or purpose of each reflex in infancy
- Chronological order and normal expected time of emergence and integration of each reflex
- The effects of specific reflexes on learning, behavior, physical activity, sports, and wellness if they do not become fully integrated
- Reflex Testing Methods including Testing positions and procedures, Observations, Noticing Score
- **Effective techniques and procedures for supporting integration of each reflex** through the targeted use of Brain Gym® movements, Dennison Laterality Repatterning or Three-Dimension Repatterning, and specific developmental activities related to each reflex
- Practical management strategies for short- and long-term improvement for home, the classroom, and private practice

### Level 1 includes:

- Fear Paralysis Reflex** – may cause the child to feel overwhelmed and/or fearful, and may result in depression, excessive shyness, or Elective Mutism
- Moro Reflex** – can have a major effect on behavior, emotions and stress levels
- Tonic Labyrinthine Reflex** – can leave child hypo- or hyper-tonic and may have a major effect on learning and coordination
- Palmar Reflex** – can affect children's handwriting abilities and pencil grip
- Asymmetrical Tonic Neck Reflex (ATNR)** – can affect physical coordination, handwriting and language abilities
- Spinal Galant Reflex** – can affect concentration span and can contribute to hyperactivity and bedwetting
- Rooting and Suck Reflex** – can cause messy chewing and speech articulation problems
- Babinski Reflex** – can contribute to poor concentration skills, may affect walking gait and willingness to wear shoes
- Symmetrical Tonic Neck Reflex (STNR)** – may cause a child to slump when sitting, especially at a table or desk, poor eye-hand coordination, clumsiness
- Infant Plantar Reflex** – can affect smooth running and walking, and willingness to wear shoes

### Level 2 includes:

- Additional Early Uterine Reflexes** - more about how to balance Fear Paralysis Reflex and other early uterine reflexes. Implicated in Alzheimer's, dementia, Autism spectrum disorders, severe anxiety and depression
- Parachute Reflex** - can affect ability to catch/protect oneself; sense of personal boundaries
- Segmental Rolling Reflex** - can affect smoothness of mature gaits & core muscle activation
- Landau Reflex** - a "bridging" reflex vital for developing muscle tone, vestibular & ocular motor skills; described by Dr. Thomas Hanna as the "Joy Reflex"
- Head Righting Reflexes** - a pair of reflexes (labyrinthine and ocular) that use vestibular & visual cues; can affect balance, proprioception, oculo-motor functioning, orientation and spatial awareness
- Amphibian Reflex** - delay can limit cross-lateral development
- Advanced Reflex Balance Format • Additional Pre-Activities**
- Relevant muscle tests • Pre-birth movements**
- Additional corrections:** Meridians, neuro-lymphatic points, neuro-vascular points, essences, color, sound



**Claire Hocking** is a licensed Educational Kinesiologist and Brain Gym® Instructor/Consultant with 20 years' experience. With an extensive teaching background including as a classroom, music, and special needs teacher, Claire successfully uses Educational Kinesiology and Brain Gym in schools, tertiary institutions, community and senior groups, nursing homes, and workplaces around Australia and overseas.

Claire is Director of the Whole Brain Learning Centre in Lara, Australia, where she consults privately with people of all ages. She also runs a mobile service, doing consultations in homes, schools, aged care facilities and workplaces.

Claire regularly presents Educational Kinesiology and Brain Gym programs and courses both in her native Australia and internationally. Specialty workshops are available for specific groups.

**Course Location: Educare Arizona • 1300 N. 48th Street, Phoenix, AZ 85008**

Just south of McDowell Rd. on 48th Street • Map and nearby hotel Info at [centeredge.com/reflex.pdf](http://centeredge.com/reflex.pdf)

*No prerequisite for Level 1 • Level 1 is prerequisite for Level 2*

**Course sponsor: Kathy Brown, M.Ed. • 602-952-7001 • [www.centeredge.com](http://www.centeredge.com) • [kathy@centeredge.com](mailto:kathy@centeredge.com)**

**Yes - Register me for class with Claire Hocking!**

\_\_\_ **Level 1, June 8-9-10**

\_\_\_ **Level 2, June 12-13**

\_\_\_ **Both Levels 1 & 2**

Name (please print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone - day \_\_\_\_\_ evening \_\_\_\_\_

Fax \_\_\_\_\_ Email \_\_\_\_\_

\_\_\_ Yes, I understand that these courses are not part of the Educational Kinesiology curriculum, and do not count toward licensure or relicensure.

\_\_\_ Yes, I understand that \$100 of my registration is a non-refundable deposit. If the course doesn't make I'll receive a full refund.

**Early Registration Savings Date Extended**

**Reflexes Level 1**

\_\_\_ \$395 until **May 24**  
\_\_\_ \$425 thereafter  
\_\_\_ \$200 repeat (bring manual)

**Reflexes Level 2**

\_\_\_ \$275 until **May 24**  
\_\_\_ \$300 thereafter

**SAVINGS! BOTH courses together**

\_\_\_ \$610 until **May 24**  
\_\_\_ \$635 thereafter  
\_\_\_ \$440 Level 1 repeat + Level 2

*I don't run credit card charges or deposit checks until after the course happens.*

**If paying by credit card:**

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**You can:**

- **Send** your registration form with cc# or check made payable to **Center Edge**  
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*We look forward to having you in class!*

**Course sponsor: Kathy Brown, M.Ed.**  
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