



Brain Gym® -- for a 'Brand New Brain!'

A Tale of an 'English Language Learner'

Amanda is a sweet, intelligent young girl, and she was about to be retained in third grade. She had come to this country speaking only Spanish, and had learned English over the last two years. By now she was fairly fluent in English, but somehow, she could not read easily in either Spanish or English, and her teacher described her as being "language-confused."

This was the story of the first child on my list for one-on-one work, during my recent visit at a local school where I offer Brain Gym® services. All the teachers at this school have had the Brain Gym Course and do Brain Gym movements at the beginning of each class. I go to this school one day each month for a "residency day," to work with students the director has identified as needing special help.

Amanda arrived for her Brain Gym session and we chatted a bit as we did PACE, the Brain Gym warm-up. Then I asked what area she'd like to

improve in, and Amanda said she wished she could read more easily. We talked about her learning of English, and she told me how difficult it had been to come to school that first day knowing only three words of English, and how hard it had been to learn. I had her read out loud from a

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book she had with her, and her reading was very awkward and stilted. She strained to recognize some very simple words, and she stumbled over punctuation.

As we continued to talk, the goals "I know where to go in my brain for the Spanish," and "I know where to go in my brain for the English" popped into

my head. I asked her if this was what she wanted, and her whole face lit up. "YES!" she said. I told her that her two languages might be stored in her brain in ways that made them hard to get to, and that a Brain Gym balance might help her go more directly to the language she wanted. She was thrilled with that idea.

Amanda's balance called for Dennison Laterality Repatterning. Following this, her Cross Crawl was transformed (very awkward before, and now very smooth). Her reading sample didn't seem much different to me, but Amanda said that reading was indeed a "whole lot easier." Amanda returned to her classroom, delighted -- and I wondered just what change had occurred, and how it would unfold.

Two weeks later one of the teachers at the school asked, "Did you work with Amanda Perez on your last residency day?" It turned out that Amanda's mother was a friend of hers, and had quite a story to tell. Amanda had come home from school that day and said to her mother, "You're not going to have to follow me around and make me do my homework anymore! I have a brand new brain!"

And indeed, overnight, homework had gone from a battle to something that Amanda did on her own, easily, every day. She could now express herself much more easily in English, her ability to write in either language blossomed overnight, and her reading skill jumped from grade level 2.3 to 3.0! Amazing, what a "brand new brain" will do!

Next Brain Gym® Course starts August 12!

Mark your calendar now!

August 12-13-14, 2005 (Fri-Sun)

Registration: \$375 (\$325 if paid by two weeks before course starts)

Location & Time: Center Edge office -- 9:00 am to 5:30 pm

Instructor: Kathy Brown, M.Ed.

Prerequisite: None

Often referred to as Brain Gym® 101, this is the introductory course to Brain Gym. Brain Gym is the core program of Educational Kinesiology, in which simple developmental movements and processes are used to enhance physical, mental and emotional ease and functioning.

Next BG101 course:

September 23-24-25, 2005 (Fri-Sun)

Brain Gym® is a registered trademark of Brain Gym® International



and returning, by popular request

Edu-K In-Depth: The Seven Dimensions of Intelligence

taught by Colleen Gardner, Edu-K International Faculty
November 10-11-12-13, 2005

Registration: \$495 until Oct. 24, \$550 thereafter

Times: 9:00am to 5:30pm

Location: to be announced—Phoenix metropolitan area

Prerequisite: BG101, plus four case study pages completed and entered on your log (call my office for details)

This course is part of the required curriculum for licensure as a Brain Gym consultant.

This incredible course expands on the basics learned in BG101, and reveals the depths of Educational Kinesiology. It's four days of personal growth, exploration, and fun!

In *Edu-K In-Depth: Seven Dimensions of Intelligence* you will

- **build** on your knowledge of the three mind/body dimensions: Laterality, Centering, and Focus
- **learn** four more dimensions: Cranials, Breathing, Body Regulators, and Motivation
- **expand** your learning menu options with wonderful new techniques
- **deepen** your experience and understanding of the balance process
- **experience** personal shifts as you share balances as a means of learning all these techniques
- **learn** from a master of Edu-K, who will support you in recognizing your own state of balance
- **enjoy** many opportunities to learn and grow, both personally and professionally

Course Registration Form

Name (please print clearly) _____ E-mail _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Brain Gym® 101 – August 12-13-14, 2005 (Fri-Sun)

Brain Gym® 101 – September 23-24-25, 2005 (Fri-Sun)

- I am enclosing full payment of ___\$375 or ___\$325--early reg. rate (2 weeks ahead)
- I am enclosing repeat-rate payment of ___\$190 or ___\$160--early reg. rate (bring manual)
- I am holding my place as a ___first-time or ___repeat student with a \$50 non-refundable deposit. I will pay my balance of \$_____ on check-in.
- I am enclosing a corporate or school district purchase order for ___\$375 or ___\$190--repeat

Optimal Brain Organization – October 22-23, 2005 (Sat-Sun)

- I am enclosing full payment of ___\$275 or ___\$250--early reg. rate (2 weeks ahead)
- I am enclosing repeat-rate payment of ___\$140 or ___\$125--early reg. rate (bring manual)
- I am holding my place as a ___first-time or ___repeat student with a \$50 non-refundable deposit. I will pay my balance of \$_____ on check-in.
- I am enclosing a corporate or school district purchase order for ___\$275 or ___\$140--repeat

Edu-K In-Depth: Seven Dimensions of Intelligence – November 10-11-12-13, 2005 (Thurs-Sun)

- I am enclosing full payment of ___\$550 or ___\$495--early reg. rate (by Oct. 24)
- I am enclosing repeat-rate payment of ___\$275 or ___\$238--early reg. rate (bring manual)
- I am holding my place as a ___first-time or ___repeat student with a \$50 non-refundable deposit. I will pay my balance of \$_____ on check-in.
- I am enclosing a corporate or school district purchase order for ___\$550 or ___\$275--repeat

**Please mail your payment or purchase order with this form to
Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
All deposits (or \$50 of each early full payment) are non-refundable unless we reschedule.**

For more information please see our website at www.centeredge.com or call us at 602/952-7001.

We look forward to having you in class!